

A person is shown from the waist down, sitting in a lotus position on a light-colored floor. They are wearing a purple long-sleeved shirt and dark blue leggings. Their hands are resting on their knees in a mudra. The background is a blurred indoor setting with a light-colored wall and a person in a light blue shirt partially visible.

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The Man's Manual Gregg Stebben,2008-06-17 Featuring everything a man needs to know The Man s Manual provides instruction on inspirational sex urban tenting step by step directions for impersonating a smart person and much more 50 b w illustrations

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Funny You Should Ask Scott Lewellen,2013-02-18 This oral history of television sitcom writing offers the perspectives of 22 of the best and most prolific early comedy writers How they broke into the business how they wrote scripts and where they got their ideas what it was like to work on hits and on flops what the sitcom actors were like how they collaborated with other writers and producers and why they retired are just some of the topics they speak to The book documents insider knowledge and gives the reader a better understanding of what makes great television comedy The writers observations about the changes that took place during their long careers help explain why television comedy has evolved so greatly in recent years

How To Be a 21st Century Man Gregg Stebben,2017-05-09 How to Be a 21st Century Man is more than just a how to guide it is an essential life tool that every man should have at his disposal With time saving life improving tips it is the premier guide to manliness Featured within are sections on incredibly important issues in a man s life including How to Read Lights On Your Car s Dashboard How to Buy a Suit How to Tell if a Woman Likes You How to Mix a Martini Like James Bond How to Live Forever

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