

A photograph of a group of women in a physical therapy session. One woman in the foreground is wearing a white and grey patterned sweater and is gesturing with her hand while talking to others. The background is slightly blurred, showing other women and what appears to be a gym or therapy room setting.

# Woman's Health Physical Therapy Lakeview

# Getting Help A Womans Guide To Therapy

**KJ Lindholm-Leary**



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