

Hourglass Body Shape



Do:

highlight your waist

- V-neck tops
- Tulip skirts
- A belt around the narrow part of your waist
- Nipped tops, dresses, and jackets
- Belted coats and dresses
- Form fitting dresses
- Pencil skirts
- Boot cut jeans

Don't:

drawn out your curves

- Baggy and loose fitting pants
- Boxy shapes

Firming Your Figure Help Yourself S

RJ Shavelson



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