

# 100 Acupressure Points For Disease Treatment in Thai Traditional Medicine

- 2 Fengkula, Sutiyekula, Right
- 3 Kalakharas, Fingers and Toes 20
- 4 Dwanas, Right Eye Root
- 5 Rucham, Right Ear Root
- 6 Sikkhina, Uvula
- 7 Kula-ya, Right Temple Pain
- 8 Paribhara, Shoulder Blades
- 9 Relieves Yawning and Belching
- 10 Relieves A Restless Mind
- 11 Relieves Drowsiness and Fatigue
- 12 Relieves Sodborg and Wind Hitting Chest
- 13 Relieves Drowsiness
- 14 Relieves Bitterness in The Mouth
- 15 Relieves Sweetness in The Mouth
- 16 Relieves Loss of Taste
- 17 Relieves Crying While Sleeping
- 18 Relieves Swollen in The Right Ear
- 19 Kula-ya, Toad Hand and Foot
- 20 Relieves Stiff Tongue Symptoms
- 21 Relieves Stuffy Nose
- 22 Relieves Symptoms of Clogged Milk Glands
- 23 Relieves Abscesses in The Breast
- 24 Relieves Symptoms of Milk Not Latching
- 25 Relieves Leg Aches
- 26 Relieves Insomnia
- 27 Relieves Chronic Testicular Inflammation
- 28 Solve Sunstroke
- 29 Solve Chikhaun wind
- 30 Solve Drain Out The Fire Element
- 31 Solve Unable to Move
- 32 Rucham Moves Out
- 33 Relieves Shin Stiffness
- 34 Relieves Chronic Shin Inflammation
- 35 Relieves Leg Cramps and Spasms
- 36 Relieves Chronic Inflammation



- 37 Relieves Left Temple Pain
- 38 Relieves Nausea
- 39 Relieves Nasal Congestion
- 40 Relieves Suction Wind On The Stomach or Bowels
- 41 Relieves Softness in The Mouth, Muscles in The Mouth
- 42 Relieves Long Lasting Yawning
- 43 Cures Drafts
- 44 Relieves Nasal Tightness
- 45 Cures Congested Milk
- 46 Relieves Heat Symptoms
- 47 Relieves Nasal Congestion
- 48 Relieves Cold in The Mucosa Area
- 49 Solve The Lack of Strength to Push
- 50 Relieves Inability to Defecate
- 51 Relieves Aches and Pains in The Thighs
- 52 Relieves Swollen Inguinal Glands
- 53 Relieves Heat in The Chest
- 54 Relieves Body Heat
- 55 Relieves Chest Tightness
- 56 Relieves Chest Colic Symptoms
- 57 Solve Stiff knee joints
- 58 Relieves Fire Cramps
- 59 Relieves Tingling
- 60 Solve Stiff knee joints
- 61 Relieves Shin Stiffness
- 62 Solve Cold Feet
- 63 Solve Leg Spasms
- 64 Relieves The Feeling of Hot Soles of The Feet
- 65 Solve Wind Circulation Problems



- 1 Relieve Fontanel Pain
- 66 Fengkula Moves Out
- 67 Relieves Frontal Pain
- 68 Solves Blurred Vision, Dizziness
- 69 Sikkhina Moves Out
- 70 Dwanas Moves Out
- 71 Relieves Chest Tightness
- 71 Relieves Chest Heat
- 73 Relieves Chest Colic
- 74 Relieves Dysentery Pain Wind
- 75 Relieves Cold Symptoms
- 76 Relieves Heat Symptoms
- 77 Relieves Cold Symptoms
- 78 Kalakharas Moves Out
- 79 Relieves Feet Hot and Cold
- 80 Relieves Water Aches
- 81 Solve Stiff knee joints
- 82 Solve Stiff Feet Wind
- 83 Solve The Harshness Wind
- 84 Solve Malnutrition
- 85 Relieves to Have a Floating Feeling
- 86 Relieves The Malnutrition Wind
- 87 Relieves Nausea
- 88 Relieves Absent Mindset
- 89 Relieves Insomnia
- 90 Relieves Hip Muscle Inflammation
- 91 Relieves Testicular Insensitivity
- 92 Relieves Testicular Paralysis Wind
- 93 Solve Cakes, Trembled Nose Stop
- 94 Relieves The Dead Shoulder Wind
- 95 Solve Shoulder Blade Cold Wind
- 96 Relieves Frontal Pain Fever
- 97 Relieves Depressed State of Mind
- 98 Solve Tetanus
- 99 Relieves Plantar Fasciitis
- 100 Relieves The Feeling of Heat On the Back of The Feet

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# Advanced Pressure Points Fighting

**Lingjun Ying**



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