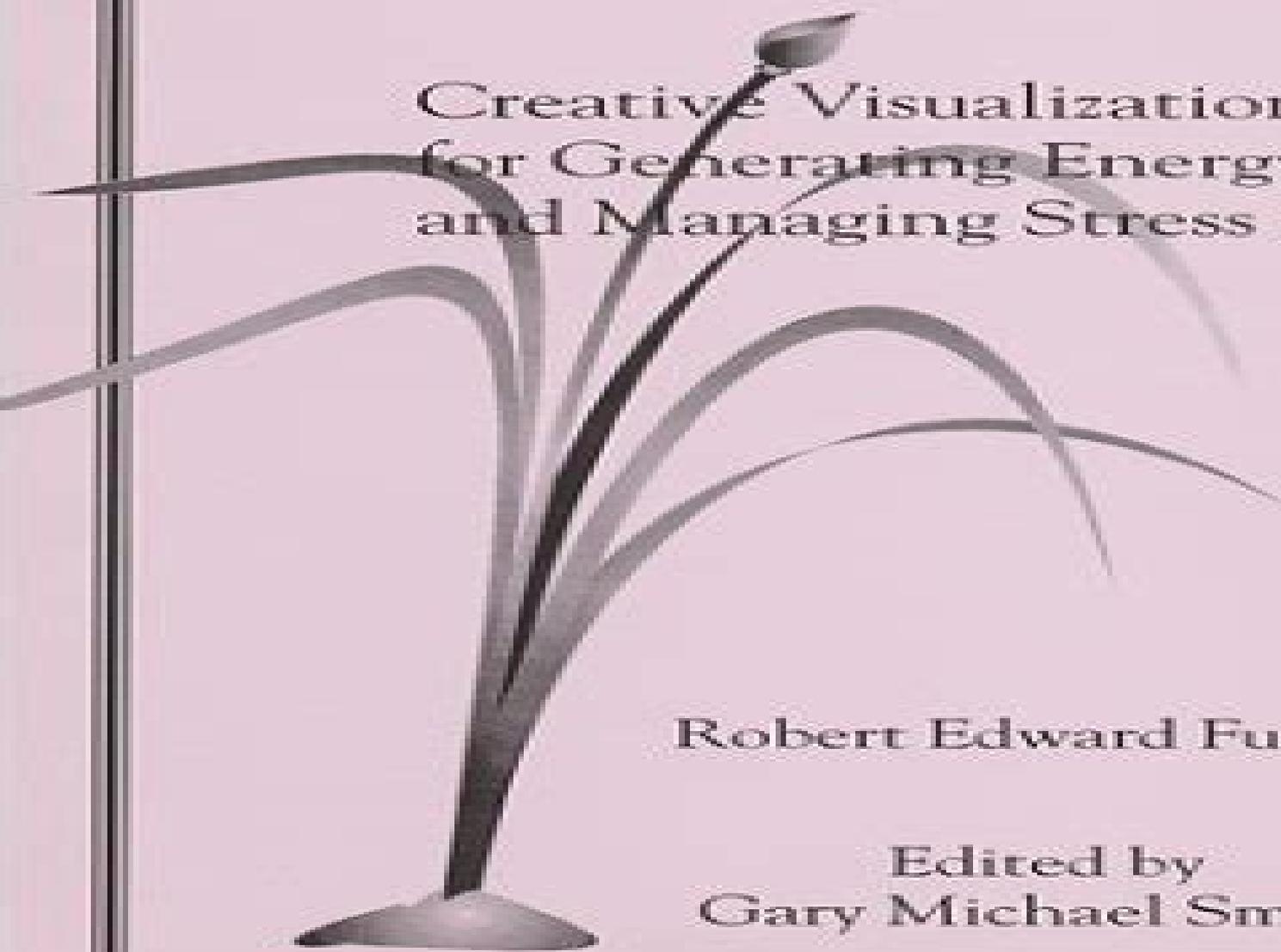


Guided Meditation

Creative Visualization
for Generating Energy
and Managing Stress

Robert Edward Fussell

Edited by
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