



Skull

Edge of nose

Temple

Upper lip

Ear

Clavicle

Solar plexus

Abdomen

Stomach

Intestine

Intestine

Inner arm Inside and outside elbow

Lower forearm

Skin

Side of neck

Adam's apple

Armpit

Windpipe

Ribs

Kidneys

Tailbone

Hollow of the knee

Side of knee

Achilles tendon

Base of Skull

Upper back

Small of the back

Vertebrae

Hip

# Advanced Pressure Points Fighting

**J Rink**



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