



1840 - France

Protection

*Edmond Fallot*

ALL NATURAL - SEED STYLE MUSTARD  
MOUTARDE EN GRAINS



NET WT 5 OZ (142g)

NET WT 150g (5.3oz)

# Gourmet Mustards

**Mark Bittman**



## Gourmet Mustards:

*The Mustard Maker's Handbook* Barrett Williams, ChatGPT, 2025-06-07 Unlock the tantalizing world of mustard making with *The Mustard Maker's Handbook* your essential guide to creating mouthwatering mustard masterpieces from scratch Dive into the rich history and science behind this beloved condiment and discover how it transformed from a humble kitchen staple to a gourmet powerhouse Begin your journey with an in depth exploration of mustard's fascinating origins from ancient culinary traditions to its modern day gourmet renaissance Unravel the chemistry behind mustard seeds and the volatile oils and enzymes that give this condiment its characteristic heat and flavor Armed with this knowledge you'll be ready to experiment with an array of mustard varieties each offering its unique taste profile *The Mustard Maker's Handbook* equips you with the tools of the trade guiding you through selecting the perfect equipment and ingredients to bring your mustard creations to life From traditional yellow to spicy brown mustards learn to master base recipes before venturing into a world of endless customization balancing heat sweetness and zest with a touch of your creativity Explore bold flavors by infusing chilis horseradish or wasabi Then unlock the sweeter side of mustard by incorporating fruits honey and maple Dive into complex exotic flavor profiles with global influences and even infused alcohols for a sophisticated twist Perfect textural transformation techniques will allow you to craft mustards that delight with every bite And with tips on pairing your creations with meats cheeses and more you'll elevate every meal into a culinary experience Preserve your masterpieces with expert storage advice and troubleshoot any hiccups with ease Celebrate mustard's role in culinary culture and extend your passion beyond the kitchen with creative gift ideas and tasting events Embark on an exciting journey of flavor creativity and innovation with *The Mustard Maker's Handbook* your must have companion in the art and craft of mustard making

*Gourmet Mustards* Helene Sawyer, 1987     **Top 100 Food Plants** Ernest Small, 2009 This beautifully illustrated book reviews scientific and technological information about the world's major food plants and their culinary uses An introductory chapter discusses nutritional and other fundamental scientific aspects of plant foods The 100 main chapters deal with a particular species or group of species All categories of food plants are covered including cereals oilseeds fruits nuts vegetables legumes herbs spices beverage plants and sources of industrial food extracts Information is provided on scientific and common names appearance history economic and social importance food uses including practical information on storage and preparation as well as notable curiosities There are more than 3000 literature citations in the book and the text is complemented by over 250 exquisitely drawn illustrations Given the current alarming rise in food costs and increasing risk of hunger in many regions specialists in diverse fields will find this reference work to be especially useful As well those familiar with Dr Small's books or those with an interest in gardening cooking and human health in relation to diet will want to own a copy of this book Publisher's web site     *Mustard* Janet Hazen, 1993     **The Mystery of Herbs and Spices** James Moseley, 2006-03-27 *The Mystery of Herbs and Spices* offers 53 tell all biographies of celebrated spices and herbs Tales of

war sex greed hedonism cunning exploration and adventure reveal how mankind turned the mere need for nourishment into the exaltation of culinary arts Is it a spice or herb Where does it come from and what causes its taste What legends or scandals embellish it To what curious uses has it been put How can you use it today Neither a cookbook nor dry scholarship the book employs anecdotes and humor to demystify the use and character of every spice or herb Sample chapters from The Mystery of Herbs and Spices follow

INTRODUCTION Better is a dinner of herbs where love is than a fatted calf with hatred

Proverbs 15 17 Herbs and spices They impart glory to food and variety to life They are what separate the mere cook from the gourmet But they can be confusing What is the difference between a herb and a spice What foods do they go with And don't you feel silly not knowing if you are supposed to say herb or herb You might think a gourmet who understands such things is a sort of wizard that's what people thought in the Middle Ages when users of herbal medicines were accused of witchcraft and burnt But to people who grow up in India or Thailand exotic spices are common They use a wealth of seasonings as casually as we scatter ketchup and pepper Cooking with cardamom or cumin might seem a mystery of subtle kitchens but did you know that ordinary pepper was once precious and rare If you lived in Europe seven hundred years ago you could pay your rent or taxes in peppercorns counting them out like coins You could have bought a horse for a pound of saffron a pound of ginger would get you a cow and a pound of nutmeg was worth seven fat oxen If you were an exceptionally lucky bride your father might give you peppercorns as a dowry Now consider how casually we dash a bit of pepper over a fried egg today Like anything else herbs and spices are easy to use when you are familiar with them But like nothing else the story of spices is laced with adventure Ferdinand Magellan launched the first voyage around our planet By the time he reached the Pacific Ocean he had been out of touch with civilization for a year Sailing from the west coast of South America he headed out onto a briny desert of burning glass He had no maps He had no radio He had ridiculously small and leaky ships He was going where no one had ever gone before The hissing swells of the Pacific would take him four frightening months to cross without laying eyes once on land There would be nothing like this adventure for another five hundred years not until our exploration of space Magellan died out there in the unknown Only eighteen of his 237 sailors straggled back to Spain What did they have to show for it Silver Gold Scientific discoveries No nutmegs and cloves Twenty six tons of them enough to pay for the entire cost of the voyage and make a profit of 500 gold ducats for every shareholder No one doubted for one second that the whole adventure had been worth it

Spices They enhance our food That's all But since the human race began to dream the story of spices has enchanted our fantasy as well Where do they come from Why are they so enticing In what new ways can we use them This is a book of discovery Unfurl your sails like Magellan and follow the fragrance of spices and herbs to their source gather their lore and let them not only season your cooking but enrich your enjoyment of life

PETER PIPER If Peter Piper picked a peck of pickled peppers How many pickled peppers did Peter Piper pick It might seem funny now but it wasn't funny at the time Pierre Poivre of Lyons France otherwise known as Peter Pepper or Peter Piper was a real person Born in 1719 he

started his career as a Christian missionary and founded a bank in Vietnam In 1766 he became Governor of Isle de France Mauritius the French colony far off the southeast coast of Africa The eponymous tongue twister made fun of the Pierre s hare brained schemes On his lovely but lonely tropical island far from the glitter of Paris Peter Piper watched Dutch ships freighting precious cargoes of cloves nutmeg and cinnamon right under his nose from the Far East to Amsterdam The spice trade created fabulous wealth Spices were cheap to grow They were compact and lightweight so that huge loads could be crammed into a ship s hold Prices in Europe were high so that an Indiaman could realize a 4 000 per cent profit in a single voyage No other cargo could compare Now why thought Peter Piper couldn t those spices be grown in his colony Of course the Dutch wouldn t just hand them over But if one could sneak into the Dutch colony of Indonesia and smuggle out a seedling or two what wealth for France What gloire for Pierre Poivre And he did it In 1769 Governor Poivre equipped two fast ships that slipped through the Dutch blockade into a lonely harbor on the island of Jibby in the Moluccas The French expedition persuaded the local rajah to sell sixty clove plants The Dutch found out but could not outsail the swift French corsairs Two of the pilfered trees bore fruit in 1775 In 1776 Peter Piper presented the first French grown cloves to His Christian Majesty King Louis XVI Cloves were planted in the other French colonies of Reunion Cayenne and Martinique But historical events foiled Peter s Piper s plan for a new French monopoly Napoleon occupied Holland in 1800 In a counter move France s enemy England seized the Dutch colonies in the East They sent clove and nutmeg plants to the British colonies of Malacca and Ceylon to the West Indian islands of St Vincent Trinidad Grenada and in Africa to Zanzibar which became the most important source of cloves on earth even to this day So the greatest harvest of Peter Piper s pilfered plants came long after he left Mauritius in 1776 And what glory did Peter Piper get An inaccurate nursery rhyme about picking pickled peppers

**CINNAMON AND CASSIA** The Greeks thought that cassia cinnamon s cousin was collected from a swamp infested by giant shrieking bats Cinnamon is probably the oldest spice known to man Twenty five centuries before Christ Pharaoh Sankhare sent a sailing expedition down the African Coast looking for it And Moses used cinnamon to make the anointing oil of Hebrew worship Herodotus wrote that somewhere near the fabled city of Nosa in Arabia giant birds made nests of cinnamon sticks Cinnamon harvesters would lay carcasses of donkeys and oxen out for the birds who would swoop down and carry the meat up to their nests The weight of these carcasses would snap bits off the nests and the cinnamon hunters would gather the scattered cinnamon quills below The Greeks also thought that cassia cinnamon s cousin was collected from a swamp infested by giant shrieking bats Tragically neither story was true Arab merchants spread these tall tales to keep their sources of cinnamon secret for Europeans dreamed of finding the source of this spice Diodorus the Sicilian historian who flourished in 50 BC wrote tantalizingly that there was so much cinnamon in Arabia that Bedouins used it for campfires Although both cinnamon and its close cousin cassia are mentioned often in the Bible neither ever grew in the Holy Lands From the faraway tropics of Asia daring Indonesian sailors followed seasonal winds called monsoons to the coast of Africa Their cinnamon

cargo was freighted by Arab sailors up to the Red Sea or carted by land caravans through Kenya 2 000 miles along the Nile until it reached the Mediterranean shores Cassia which is so like cinnamon but grows in China was packed along the famous Silk Route from South China through the Gobi Desert over the Himalayas and to Antioch Syr [A Gourmet's Guide to Herbs & Spices](#) Mary Trewby,1989 [AN Unthymely Death](#) Susan Wittig Albert,2003-06-03 Now readers can join China Bayles in ten puzzling cases and get a taste of her world This delightful collection features loads of wonderful herbal tidbits on everything from rosemary to feverfew to catnip recipes for such to die for dishes as a Deadly Chocolate Valentine Ruby s Applesauce Mint Bread China s Five Spice Chicken and Veggie Stir Fry and McQuaid s Tex Mex and a host of creative ideas for garden and home It s a one of a kind collection featuring a one of a kind sleuth who s worth spending some quality thyme with **The Directory of Mail Order Catalogs** ,1998 **How to Cook Everything—Completely Revised Twentieth Anniversary Edition** Mark Bittman,2019-10-01 The ultimate kitchen companion completely updated and better than ever now for the first time featuring color photos For twenty years Mark Bittman s How to Cook Everything has been the definitive guide to simple home cooking This new edition has been completely revised for today s cooks while retaining Bittman s trademark minimalist style easy to follow recipes and variations and tons of ideas and inspiration Inside you ll find hundreds of brand new features recipes and variations like Slow Simmered Beef Chili My New Favorite Fried Chicken and Eggs Poached in Tomato Sauce plus old favorites from the previous editions in many cases reimaged with new methods or flavors Recipes and features are designed to give you unparalleled freedom and flexibility for example infinitely variable basic techniques Grilling Vegetables Roasting Seafood innovative uses for homemade condiments easy to make one pot pastas and visual guides to improvising soups stir fries and more Bittman has also updated all the information on ingredients including whole grains and produce alternative baking staples and sustainable seafood And new for this edition recipes are showcased throughout with color photos By increasing the focus on usability modernizing the recipes to become new favorites and adding gorgeous photography Mark Bittman has updated this classic cookbook to be more indispensable than ever **How To Cook Everything:** Mark Bittman,2013-02-21 Today s Favorite Kitchen Companion Revised and Better Than Ever Mark Bittman s award winning How to Cook Everything has helped countless home cooks discover the rewards of simple cooking Now the ultimate cookbook has been revised and expanded almost half the material is new making it absolutely indispensable for anyone who cooks or wants to With Bittman s straightforward instructions and advice you ll make crowd pleasing food using fresh natural ingredients simple techniques and basic equipment Even better you ll discover how to relax and enjoy yourself in the kitchen as you prepare delicious meals for every occasion A week doesn t go by where I don t pull How to Cook Everything down from the shelf so I am thrilled there s a new revised edition My original is falling apart Al Roker This new generation of How to Cook Everything makes my desert island cookbook choice jacked up and simply universal I ll now bequeath my cookbooks to a collector I need only this one Mario Batali Mark Bittman has done the

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