

Food Fortification

A Scalable Solution to Malnutrition



The Global Nutrition Crisis



733 MILLION
people face hunger



3 BILLION
people suffer from
"hidden hunger" due to
micronutrient deficiencies*

*Micronutrient deficiencies harm health, development, and productivity.

What is Food Fortification?

The process of adding essential vitamins and minerals to common foods

Why it Works

- ✓ Doesn't change taste or texture
- ✓ Improves nutrient intake through everyday foods
- ✓ Cost-effective
- ✓ Designed not to increase cost to consumers



How it Helps

Deliver essential nutrients to large populations cost-effectively, particularly in regions with limited dietary diversity

- Enhanced cognitive development in children
- Increased workforce productivity
- Reduced healthcare costs associated with malnutrition-related diseases
- Improved overall quality of life



Types of Fortification

Large-Scale Industrial Fortification

- Nutrients added during food processing
- Broad population reach
- Proven results



Biofortification

- Nutrient-rich crops developed through breeding
- Sustainable, long-term approach
- Works at the farm level



Food Fortification In Asia

SA Adler



Food Fortification In Asia:

Food Fortification In Asia Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the power of words has become much more evident than ever. They have the ability to inspire, provoke, and ignite change. Such may be the essence of the book **Food Fortification In Asia**, a literary masterpiece that delves deep into the significance of words and their impact on our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book's key themes, examine its writing style, and analyze its overall impact on readers.

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Food Fortification In Asia Introduction

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